

Helping States Build Better Programs for Dual Eligible Individuals

About Us

Altarum Medicare-Medicaid Services for States (AMMS) is a nonprofit organization that helps states create financially sustainable solutions to advance health, health equity, wellness, and independent living for dually eligible individuals. We enhance state capacity by providing exceptional national expertise around dual eligible and long-term services and supports (LTSS) policy and program administration. Our state-specific, data-driven approaches improve health equity and outcomes while efficiently managing Medicaid dollars.

Supporting state efforts to grow expertise, build Medicare-Medicaid integration capacity, and achieve success.

Opportunities to Improve Individuals' Experiences and Maximize Public Funding

AMMS partners with states to tailor solutions to the unique characteristics, needs, and preferences of their dually eligible populations. We understand that these populations are diverse in race, ethnicity, age, gender, disability, cognitive ability, physical and behavioral health status, and social circumstances which may require varied program approaches. Most access care and supports that are fragmented across the Medicare and Medicaid programs. There is a significant opportunity to enhance and better align these programs to improve individuals' experiences, outcomes, and quality of life. States also have an opportunity to address the cost-shifting that occurs between the two programs and ensure Medicaid is payer of last resort.

A Partner to Expand State Capacity

Not many people have deep Medicare-Medicaid integration expertise, and there are few who have *both* policy and program administration experience.

As a result, states are challenged to identify and hire the best people to advance Medicare-Medicaid integration. AMMS helps states gain and expand inhouse capacity.

Our Expertise

We attract and hire experts who step into the shoes of states to advise, as well as run programs. AMMS leadership has extensive national experience in Medicare-Medicaid integration and Medicaid LTSS program policy and administration. Working with states, Centers for Medicare & Medicaid Services (CMS), consumers, providers, advocates, delivery systems, health plans, and other stakeholders, we have helped states tackle the complexities and realize the value of dual integration efforts and programs.

Bringing exceptional national dual eligible and LTSS policy and program administration expertise working with states and their unique characteristics, environments, populations, and stakeholders.

State Services

AMMS offers approaches tailored to each state.

We meet states where they are along the continuum of knowledge, capacity, and expertise. We assess current situations and offer phased-in approaches to integration to achieve person-centered care—from gaining Medicare proficiency, to increasing coordination across the two programs, to implementing fully integrated programs including transitioning to integrated dual eligible special needs plans (D-SNPs). This includes hands-on training and assistance that leads to sustainable in-house dual eligible population and integration expertise.

Contact Sarah Barth, Executive Director, Altarum Medicare-Medicaid Services for States at sarah.barth@altarum.org or by calling 202.776.5108 ext. 5555 or 609.235.2199 (cell).

AMMS Service Areas and Examples

Strategy and Program Design

- Identify paths to improve care coordination and integration to support personcentered care and program efficiencies
- Conduct data analysis of dual eligible population
- Develop and execute plans to transition to integrated D-SNPs
- Identify national best practices to tailor to local needs and strengths
- Ensure Medicaid is payer of last resort

Administration and Operations

- Partner to implement initiatives and strengthen state policy and administrative capacity
- Provide project and program management
- Conduct data analysis and performance analytics including development of appropriate quality metrics
- Develop purchasing strategies alongside state actuaries and staff
- Develop, oversee, and operationalize State Medicaid agency contracts with Medicare dual eligible special needs plans (D-SNPs)

Communications

- Develop comprehensive internal and external communication plans
- Conduct stakeholder/consumer engagement meetings and regional forums
- Liaise with CMS and state legislators
- Manage workgroups and relationships (e.g., interagency, cross-departmental, provider, and consumer)

Sharing Expertise Across States

AMMS creates a needed hands-on resource for states across the country to both identify a path to and implement integrated initiatives. Participating states can leverage exceptional dual integration expertise, as well as learn what works best in different circumstances. We bring and share best practices that continually improve through our multi-state experiences.

Outcomes—How We **Define Success**

We define success with each state based on their individual goals. Across states, success includes:

- Programs reflect the goals and values of diverse dually eligible individuals and health equity
- More individuals living in the community
- Improved individual experience
- Improved quality and outcomes
- Increased state program cost efficiencies, financial sustainability, and potential savings
- Greater state institutional expertise in Medicare and dual integration
- Wider availability of, and more people enrolled in, integrated programs

